

MARY BETH PACKARD
CE CLASS CALENDAR
2008

[CLICK HERE TO REGISTER](#)

Take your massage education several steps further! Ms. Packard's classes are ideal for those fresh out of school or the seasoned massage therapist. Classes are interactive, highly informative, and very enjoyable. Mary Beth Packard graduated from the Institute of Natural Healing Sciences in 1989. She is a certified Massage Therapy Instructor and CE provider. Her specialty is neuromuscular therapy and she is a St. John certified neuromuscular therapist. Ms. Packard is the founder and owner of a successful massage therapy practice, On-Site Associates, located in Mallick Tower near downtown Ft. Worth.

Class check in begins at 8:00 a.m. Balances due will be collected at that time. All classes begin promptly at 9:00 a.m. and end at 4:00 pm., with a 1-hour lunch break. There are several restaurants nearby, or you may bring your lunch. A microwave and fridge are available.

ANATOMY IN CLAY \$150, with a \$75 non-refundable deposit due with registration. Receive a 10% discount for 2 or more Anatomy In Clay classes purchased at a time. Non-refundable deposit is 50% of total purchased.

In studying for my NMT certification, I found it immensely helpful to build the muscles in clay. The objective was not to make an artistic rendering of the muscle; rather, learn where and how the tendons attach and how the muscles lay, relative to one another on the skeleton. Clay and anatomical model is provided (for in class use, only).

- Build muscles in clay using a skeletal model
- Learn techniques for the region
- Gain an understanding of the appropriate times to work the muscular structures learned

Class IV, 6 Hours: Forearm Flexors & Palmar Hand Saturday, August 9, 2008

Class V, 6 Hours: Forearm Extensors & Dorsal Hand Saturday September 20, 2008

Registrants will receive a confirmation letter with final location and map. Unless otherwise noted, however, classes will be held at the location of On-Site Associate's office, in the Mallick Tower just west of downtown Fort Worth. Classes held in the Mallick Tower will not exceed 10 students.

*MasterCard, Visa, Cash, Check accepted. A \$25 fee charged for all returned payments. Non-refundable deposits must be paid **with pre-registration.***

PLEASE NOTE: ALL CLASSES MUST MEET A MINIMUM OF 6 PARTICIPANTS. NEITHER MARY BETH PACKARD NOR ON-SITE ASSOCIATES IS RESPONSIBLE IF YOUR CE REQUIREMENTS CANNOT BE MET DUE TO CLASSES NOT MAKING.

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